

Catholic Parishes of St. Anthony and Our Lady of the Hills

May 17, 2020

Sixth Sunday of Easter

Issue No. 187



St. Anthony Catholic Church
1000 6th Street
Charleston, WV 25302
www.stanthonywv.com

Facebook
www.facebook.com/stanthonywv

General Directory

Administrator

Fr. Tijo George

Email: tgeorge@dwc.org

Fr. Charles Anemelu

(Priest in Residence)

Deacon David Wuletich

Email: davidwuletich@gmail.com

Phone: 304-345-9567

Office

1000 6th Street, Charleston, WV 25302

Email: secretary@stanthonywv.com Phone: 304-342-2716

Office Hours:

Monday-Tuesday-Thursday-Friday from 9:00 am to 12:00 pm; Closed Wednesday and holidays.

Sacrament of Reconciliation:

St Anthony: Saturday 4:45 pm to 5:15 pm or other times by appointment. Our Lady of the Hills by appointment.



Our Lady of the Hills Catholic Church
100 Jackson Drive
Elkview, WV 25071
www.ourladyofthehills.com

Facebook
www.facebook.com/ourladyofthehillswv

Public Mass to Resume—May 23 & 24, 2020

The Diocese of Wheeling—Charleston has approved the reopening plan for both St. Anthony and Our Lady of the Hills. Public Weekend Masses will resume on May 23 & 24, 2020. Parishioners will be asked to follow directives including wearing a face mask, sanitizing hands as you enter the church, maintaining social distancing of 6 ft., and only sitting with members from the same household.

His life changed when Jesus became his "Big Boss"

Tim Guénard's mother abandoned him when he was just two years old. His father, an alcoholic, lost control and beat him. Things got even worse when he moved to an orphanage, where the director said, "What are we going to do with this child? Like father, like son."

Tim grew up full of resentment and violence, wanting to kill his own father. He said, "Hate was what fueled my life." He managed to escape, and ended up living on the streets of Paris. He met someone who taught him to read, as well as someone who taught him to steal and took advantage of him.

Tim's life seemed destined to be a complete failure, until he met someone who looked at him with love. A judge offered him a shot at redemption. Then, he met people with disabilities, and it was the "trigger" that changed his life. One of them, Vianney, was the first person to tame his violence and to introduce him to Jesus, the "Big Boss." A priest showed him God's love and forgiveness, and Tim's life rose up like a hot air balloon.

He was freed from the weight of violence, he forgave himself, and he learned to love. He married Martine, and became the father of four children. He even forgave his own father. "Today, I say that God didn't make a mistake. Why? Because I'm a happy man," he said.

~Aleteia

Prayer List for the Sick & Homebound

St. Anthony—Mary Canterbury, Mary Hanson, David Dodd, Nazira Joseph, Zachariah Kushner, Christina Lopez, Michael McCallister, Maya Clark, Daniel Bishop, Robin Holly, Mike Layne, Michael Bee

Our Lady of the Hills—Bert Zodorozny, Margaret Hancock, Violet Edwards, Marilyn Spencer, William Spencer, Katie Caroli, Jeanne Rollins, Steven Spencer, Jerry A. Legg, Doug Spencer

Please call Father Tijo George at 304-342-2716, ext. 406 if you would like a visit and to receive communion or a home blessing.

Stewardship Report for May 8—14, 2020

St. Anthony

Offering	\$ 1,578.00
Building Fund	75.00
St. Anthony Caring Fund	70.00
Catholic Home Missions	10.00

Our Lady of the Hills

Offering	\$ 475.00
LERMA	50.00
St. Anne's Outreach	25.00
Catholic Home Missions	25.00

Thank you for your generosity! Please remember to continue to support your parish during this difficult time. May God bless you!



Safe Environment—The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops' *Charter for the Protection of Children and Young People* by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact the West Virginia Bureau for Children and Families/Child Protective Services by calling the Child Abuse Hotline at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop's designees at 888.434.6237 (toll free) or 304.233.0880: Sister Ellen Dunn, ext. 264; Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. For more information on the Diocese's Office of Safe Environment, please go to www.dwc.org, then click the "Diocese" tab, then click "Office of Safe Environment" under the "Offices" menu. To learn more about the Catholic Church's efforts in preventing sexual abuse of children in the United States, please visit <http://www.usccb.org>. Under "Issues and Action," click "Child and Youth Protection" from the drop down menu.

Bulletin & Mass Announcements—The deadline this week for bulletin announcements is Wednesday at 5:30 p.m. and for Mass announcements is Friday at 9:00 a.m. Thank you!!

USCCB Responds to Coronavirus

Please visit <http://www.usccb.org/coronavirus> for information and resources from the U.S. Catholic Conference of Bishops.

DWC Mass Online

The Diocese is live-streaming daily Mass at 12:05 p.m. Monday—Friday and weekend Mass at 6:00 p.m. every Saturday from the Cathedral of St. Joseph at <https://dwc.org/home/mass/>.



St. Anne's Outreach Center

Thursday: 8:30 a.m.—12:00 p.m.

Our Lady of the Hills

Serving families and young expecting single mothers in Big Chimney, Clay, Clendenin, Elkview and Pinch areas. Children—newborn to 4 yrs.

Visit us or call 304-965-7670

As of April 2020, St. Anne's has served 11 children.

Balance as of <u>12/31/19</u>	\$ 3,936.49
Contributions Received	465.00
Less: Expenses	(99.96)
Balance as of <u>04/30/20</u>	\$ 4,301.53

Thank you for your generosity!

Act of Spiritual Communion

*My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my
heart.
I embrace You as if You were already
there and unite myself wholly to You.
Never permit me to be separated from
You.
Amen.*



Healing Prayers Offered for Covid-19 Victims

If you have a family member/friend who has been infected by the Coronavirus, Fr. Tijo would like to pray for the infected person during the private daily Masses and Sunday Masses. A votive candle will also be lit for his/her healing. Please call the parish office or Fr. Tijo to have their names included in his prayers and a votive candle lit.



Music for Liturgy



Entrance:	All Creatures of Our God and King— #538
Gloria:	Mass of Spirit and Grace — #919
Offertory:	Prayer of St. Francis — #525
Communion:	Taste and See — #333
Recessional:	Lift Up Your Hearts — #563



Lorie's Music Notes

Today, we hear a selection from John's Gospel that emphasizes the unity of the Father and Son, along with the coming of the Holy Spirit. Jesus is trying to prepare the disciples for His ascension, which we will celebrate next Sunday. Our responsorial psalm today comes from Psalm 66. The closing song, *Lift Up Your Hearts*, was written based on this same psalm.

“We are Here for You”

We would like to help our parishioners who are not able to leave your homes. We have several parishioner volunteers, who can help you by running essential errands or picking up food items from the grocery store. Our aim is to help our parishioners-in-need during this difficult time while limiting exposure for all involved. We want you to know that your fellow parishioners are here to help you. If you are in need this type of service, please call:

Parish Office/ Fr. Tijo George or Katy Layne (SA parishioners) or Cindy Mosier (OLH parishioners).



Jerry Legg, a founding member of Our Lady of the Hills and husband of Naomi Legg, passed away on Monday, 11, 2020. Please pray for Jerry, Naomi and their family and friends. May he rest in peace.



Dan Bishop, a St. Anthony parishioner passed away on Monday, 11, 2020. Please pray for Dan, his Beverly and their family and friends. May he rest in peace.



We extend our condolences to Melissa Tyler and family. Melissa's cousin, Debbie Reed, has passed away. Please pray for Debbie, Melissa and their family. May she rest in peace.

St. Anthony: Tools Needed

St. Anthony needs a set of adjustable wrenches and a grinder wheel to sharpen tools. If you have either of these items that you would like to donate, please contact the office.

DON'T ASK “WHY?” ... ASK “WHAT?”

St. Padre Pio used to say the worst question in the world was “Why?” The Christian's question is “What?”

- What does God ask of me in this situation?
- What can I do to overcome this difficulty?
- What can I learn from this sorrow?
- What can I do to help others with similar sorrows?

Christ has much to teach us all by the Cross. The Saints are those who were always willing to learn. The message of Saint Benedict Joseph Labre is: whatever you are or whatever you have, give it to God with all of your heart.

~ Rev. Benedict J. Groeschel, C.F.R

How to calm the anxiety of your mind

If you are feeling anxious right now, take the advice of a spiritual master, St. Francis de Sales.

Anxiety can easily cripple our lives, leading us to sadness and, in some cases, despair. How can we grapple with such an intense feeling, especially when exterior events disrupt everything?

St. Francis de Sales, a spiritual master of the 17th century, wrote about how to resolve anxiety of the mind in his book, *Introduction to the Devout Life*. He starts off by explaining the negative effects of this feeling.

***Anxiety of mind** is not so much an abstract temptation, as the source whence various temptations arise. Sadness, when defined, is the mental grief we feel because of our involuntary ailments; whether the evil be exterior, such as poverty, sickness or contempt; or interior, such as ignorance, dryness, depression or temptation. Directly that the soul is conscious of some such trouble, it is downcast, and so trouble sets in.*

He believed one of the central keys to **calm an anxious mind** is to rely on God's power, rather than our own.

*If any one strives to be delivered from his troubles out of love of God, he will strive patiently, gently, humbly and calmly, **looking for deliverance rather to God's Goodness and Providence than to his own industry or efforts.***

Unfortunately, when we try to get out of our anxiety on our own, we become easily frustrated by the lack of results.

*[The person becomes] exceedingly impatient and troubled, which does not mend matters, but on the contrary makes them worse, and so he gets into an unreasonable state of anxiety and distress, till **he begins to fancy that there is no cure for his trouble.** Thus you see how a disturbance, which was right at the outset, begets anxiety, and anxiety goes on into an excessive distress, which is exceedingly dangerous.*

Instead of trying to calm your mind and get rid of anxiety through our own efforts, de Sales suggests daily examining our conscience and seeing if we have successfully placed our troubles in God's hands.

Examine yourself often, at least night and morning ... See whether your soul is fully under control, or whether it has not in anywise escaped from beneath your hand, to plunge into some unruly love, hate, envy, lust, fear, vexation or joy. And if it has so strayed, before all else seek it out, and quietly bring it back to the Presence of God, once more placing all your hopes and affections under the direction of His Holy Will.

In addition to giving your anxiety to God, de Sales **recommends telling a trusted friend or spiritual mentor**. As he writes, "If you can lay your anxiety before your spiritual guide, or at least before some trusty and devout friend, you may be sure that you will find great solace. The heart finds relief in telling its troubles to another, just as the body when suffering from persistent fever finds relief from bleeding. It is the best of remedies."

If anxiety is plaguing your mind, consider St. Francis de Sales' advice and don't try to do it alone, but look to God and a trusted friend for help.

~Philip Kosloski

"Prayer belongs to everyone: to men and women of every religion, and probably even to those who profess no religion. Prayer is born within the secrecy of our being, in that interior place that spiritual writers often call the 'heart.'"

~Pope Francis tweet on 05/13/20