

Catholic Parishes of St. Anthony and Our Lady of the Hills

March 1, 2020

1st Sunday of Lent

Issue No. 176



St. Anthony Catholic Church
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Office Hours:

Monday-Tuesday-Thursday-Friday from 9:00 am to 12:00 pm; Closed Wednesday and holidays.

Sacrament of Reconciliation:

St Anthony: Saturday 4:45 pm to 5:15 pm or other times by appointment. Our Lady of the Hills by appointment.



Our Lady of the Hills Catholic Church
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A Simple Plan for Lent: KISS and the 1-1-1 Plan

Here's a helpful acronym to help you stay focused during Lent: Keep • It • Simple • Sinner.

The best Lent is one in which we enter the season wholeheartedly. All too often, people either take on too much or don't take on enough. The solution is to simplify our disciplines, focus our intentions and concentrate more clearly on our spiritual goals.

To keep it simple this Lent, try the "1-1-1 Plan": one sin, one add-in, one give-up. Concentrate or focus on one sin or fault that is getting in the way of your relationship with God and with others. Add one positive activity that will deepen your prayer and spiritual life (especially if you think you are too busy to put anything more into an impossibly busy schedule!). Deny yourself something you really like or are attached to.

One sin

Most of us, if we are honest, know at least one area of sin to focus on during Lent. If you aren't sure, or are having trouble narrowing it down, **use the traditional seven deadly sins as a guide here.**

In fact, some of the other deadly sins are even deadlier, especially pride, or self-love, which St. Thomas Aquinas called, "the cause of every sin."

If you need help in identifying which sin to concentrate on this year, ask God in prayer to reveal it to you. If you still aren't sure, ask your family or close friends. Just be sure you are willing to listen to them and accept their assessment.

One add-in

The next step in 1-1-1 Lent is to add one thing of God to your routine that you haven't been doing. Because we are all so busy, it's a good idea to not just pick an add-in, but to schedule a regular time when you put it on your calendar so you don't "forget."

Ideas for add-ins are pretty much endless, but some include:

- ▶ Go to Mass in the middle of the week
- ▶ Attend the Stations of the Cross as a family
- ▶ Read a Gospel
- ▶ Volunteer at a social ministry
- ▶ Get up early to pray

One give up

Giving up something for Lent has been part of the Church almost since the beginning. While giving up sweets and alcohol are time-honored, consider giving up one thing that you really like or enjoy. Just make sure it is something that lets you feel the deprivation and is at least a little bit challenging. Make it difficult but doable.

- ▶ Fast from fault finding and nagging, and fast from a critical tongue or a closed mind.
- ▶ Give up impulse purchases.
- ▶ Give up an unhealthy habit, like smoking.
- ▶ Limit the time you watch television or surf the Web.
- ▶ Give up eating out and donate the money you save.

~ Father James Shafer

Mass Schedule February 29 — March 8

Saturday 02/29: <small>1st Sunday of Lent</small>	SA Stations 5:00 p.m.—Mass 5:30 p.m. People of the Parish
Sunday 03/01: <small>1st Sunday of Lent</small>	OLH Mass 8:30 a.m. †Gerald “Sonny” Owen SA Stations 10:00 a.m.—Mass 10:30 a.m. †Reparation to Divine Justice (prayer gift)
Monday 03/02:	No Mass
Tuesday 03/03:	OLH Adoration 5:30 p.m.—Mass 6:30 p.m. †Repose of Souls in Purgatory
Wednesday 03/04:	OLH Mass 8:30 a.m. SA Mass 10:00 a.m. †Holy Souls in Purgatory (prayer gift) OLH Supper 5:00 p.m.—Stations 6:00 p.m.
Thursday 03/05:	SA Rosary 8:00 a.m.—Mass 8:30 a.m. †Reparation to Divine Justice (prayer gift)
Friday 03/06:	SA Rosary 8:00 a.m.—Mass 8:30 a.m. †Holy Souls in Purgatory (prayer gift) SA Adoration 9:00 a.m.—10:00 a.m. SA Stations 3:00 p.m.
Saturday 03/07: <small>2nd Sunday of Lent</small>	SA First Saturday Devotion 8:30 a.m. †Reparation to Divine Justice (prayer gift) SA Stations 5:00 p.m.—Mass 5:30 p.m. People of the Parish
Sunday 03/08: <small>2nd Sunday of Lent</small>	OLH Mass 8:30 a.m. †Holy Souls in Purgatory (prayer gift) SA Stations 10:00 a.m.—Mass 10:30 a.m. †Catherine & J. Raymond DePaulo



Safe Environment—The Diocese of Wheeling-Charleston is committed to the protection of its children and young people. The Diocese complies with the United States Conference of Catholic Bishops’ *Charter for the Protection of Children and Young People* by maintaining an Office of Safe Environment. To report an incidence of suspected child sexual abuse, please contact your local law enforcement agency, or you may confidentially contact the West Virginia Bureau for Children and Families/Child Protective Services by calling the Child Abuse Hotline at 800.352.6513. To report suspected cases of sexual abuse by personnel of the Diocese of Wheeling-Charleston to the Diocese, please contact one of the Bishop’s designees at 888.434.6237 (toll free) or 304.233.0880: Sister Ellen Dunn, ext. 264; Mr. Bryan Minor, ext. 263; Mr. Tim Bishop, ext. 353; Fr. Dennis Schuelkens, ext. 270 or call the Office of Safe Environment at 304.230.1504. For more information on the Diocese’s Office of Safe Environment, please go to www.dwc.org, then click the “Diocese” tab, then click “Office of Safe Environment” under the “Offices” menu. To learn more about the Catholic Church’s efforts in preventing sexual abuse of children in the United States, please visit <http://www.usccb.org>. Under “Issues and Action,” click “Child and Youth Protection” from the drop down menu.

St. Anthony Bible Study—The St. Anthony Bible Study Group will begin a Lenten Discussion during the Saturdays of Lent. It will be held from 4:00 p.m. to 5:00 p.m. in the Rectory. The starting date is Saturday, February 29, 2020 and it will end on Saturday, April 4, 2020. Please join us.

OLH Vacation Bible School—SEEKING a Vacation Bible School coordinator from OLH to work with our long-time partner St. Andrew Presbyterian. This is Tina's last year after more than 16 years. She wants to work with someone who will continue this ministry in future summers. February to late June or early July the position is mostly email & phone outreach. Ask Tina for more info.

Also, **MARK YOUR CALENDARS**—The VBS will be held in the evenings of July 12th-17th. The program this year is "Knights of the Castle." Chuck will lead the adult study.

Prayer List for the Sick & Homebound

St. Anthony—Mary Canterbury, Mary Hanson, David Dodd, Nazira Joseph, Zachariah Kushner, Christina Lopez, Senaida Garcia, Michael McCallister, Maya Clark, Daniel Bishop, Robin Holly, Mike Layne

Our Lady of the Hills—Bert Zodorozny, Margaret Hancock, Violet Edwards, Marilyn Spencer, William Spencer, Katie Caroli, Jeanne Rollins, Steven Spencer, Jerry A. Legg, Doug Spencer, Judy Nicholson

Please call Father Tijo George at 304-342-2716, ext. 406 if you would like a visit and to receive communion or a home blessing.

Stewardship Report—February 22 & 23, 2020

St. Anthony

Offering	\$ 1,998.04
Building Fund	185.00
Other	51.21
Attendance	Saturday—42 Sunday—73

Our Lady of the Hills

Offering	\$ 1,015.00
LERMA	255.00
Building Fund	25.00
Attendance	Sunday—47

Thank you for your generosity!

Music for Liturgy

LITURGY



AND MUSIC

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|--------------------|--------------------------|
| Entrance: | Led by the Spirit — #125 |
| Offertory: | On Eagle's Wings — #436 |
| Holy: | Sanctus — #844 |
| Communion | Here I Am, Lord — #373 |
| Recessional | Save Your People — #130 |

LITURGY



AND MUSIC

Lorie's Music Notes

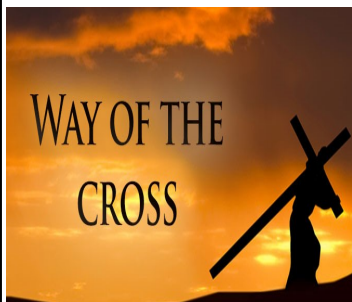
On this First Sunday of Lent, we repeat the Responsorial Psalm that we heard on Ash Wednesday: *Be merciful, O Lord, for we have sinned.* This is a fitting way to begin this season of repentance. We are encouraged to simplify our lives during this time - to turn away from sin and temptation and focus on God. In the spirit of simplicity, we are switching to the Latin Chant Mass for Lent, but unlike past years, there will be simple accompaniment, which will hopefully make it more comfortable for us to sing.

Bulletin & Mass Announcements—The deadline this week for bulletin announcements is Wednesday at 5:30 p.m. and for Mass announcements is Friday at 9:00 a.m. Thank you!!

 We extend our condolences to Ellen Asbury, Agnes Michaelson and their family. Ann Duley, sister of Ellen and Agnes, passed away on Sunday, February 23, 2020. Please pray for Ann, Ellen, Agnes and their family and friends. May she rest in peace.

Catholic Missions among Black & Native American: February 29 & March 1—Mandated by the III Plenary Council in 1884, the 135+-year-old National Collection for Black and Indian people continues as the embodiment of the Church's concern for evangelizing the Black and Indian peoples of the United States. The funds are distributed as grants to dioceses throughout the United States, supporting and strengthening evangelization programs which otherwise would cease.

St. Anthony Building Fund — Second Collection — March 7 & 8



Schedule for Stations of the Cross during Lent

St. Anthony (beginning February 28)

Fridays: Stations of the Cross at 3:00 p.m.

Saturdays: Stations of the Cross at 5:00 p.m. followed by Mass at 5:30 p.m.

Sundays: Stations of the Cross at 10:00 a.m. followed by Mass at 10:30 a.m.

Our Lady of the Hills (beginning March 3)

Tuesdays: Stations of the Cross at 6:00 p.m. followed by Mass at 6:30 p.m.

Wednesdays: Simple Supper at 5:00 p.m. followed by Stations of the Cross at 6:00 p.m.

Permanent Diaconate Formation Program—The Diocese of Wheeling-Charleston will open a new formation program for the permanent diaconate and is inviting men, who will be age 35 by 2024, but not older than age 62, to inquire about it. The program, lasting four to five years, is set to begin in September 2020. Deacons are ordained to a ministry of service, assisting the bishop and his priests in many areas, especially in the ministry of charity but also in liturgical celebrations, distributing Holy Communion at Mass, baptizing, witnessing marriages, presiding at some funeral rites, proclaiming the Gospel and preaching. Deacons often teach and counsel as well. **An informational gathering will be held on March 2 at 7:00 p.m. at the St. John XXIII Pastoral Center.** This hour-long presentation will explain the basics of the diaconate and formation process. Applications will be available. All potential diaconate candidates and their wives are welcome to attend.



St. Anthony Fish Frydays

It's that time of year again and we need your help!
The first Fish Fry will be February 28 from 5:30-7:30 p.m.
in the Parish Center.

Please help us make this another successful year.

There are many ways you can help:

- Bring your family and friends to eat our delicious food.
- Promote the Fish Fry on Facebook and other social media.
- Help us by working at the events (sign-up sheets at the church exits).
- Make desserts – we always need plenty of homemade goodies!

If you have any questions, please call Moya Doneghy at 304-345-4101 or Brenda Ashworth at 304-542-2839.

Attention Volunteers for Fish Frydays

Due to the construction at the end of the block, parking will be more limited this year. All volunteers are asked to park in the parking lot behind the church (the former school parking lot). You can enter the parking lot from Central Avenue.

St. Anthony Donations of Goods for CCWV—Please check the baskets in the back of the church to see what items are currently being requested at this time by Catholic Charities West Virginia. The baskets have recently received new labels which indicate which goods are needed.

First Tuesday at Our Lady of the Hills

March 3, 2020, the first Tuesday of March, there will be Adoration beginning at 5:30 p.m. with Stations of the Cross at 6:00 p.m. followed by Mass at 6:30 p.m.

First Friday and First Saturday at St. Anthony

March 6, 2020 is First Friday. After the 8:30 a.m. Mass, Adoration will be from 9:00 a.m. to 10:00 a.m. Father will be available for confessions during this time. March 7, 2020 is First Saturday. Devotion begins at 8:30 a.m.

Come and Strengthen your Faith....!

**Join us at Our Lady of the Hills Parish
on Tuesday at 7:00 p.m.**

The Topic is “**A LOVE THAT LASTS-
DISCOVERING AUTHENTIC LOVE**”

This Session will cover:

- The significant differences between eros and agape
- What we are really seeking when we look for love
- What happens to our sense of self-worth when we live outside God's plan for love
- How living according to God's plan can change our entire lives



St. Anne's Outreach Center

Thursday: 8:30 a.m.—12:00 p.m.

Our Lady of the Hills

Serving families and young expecting single mothers in Big Chimney, Clay, Clendenin, Elkview and Pinch areas.

Children—newborn to 4 yrs.

Visit us or call 304-965-7670

As of January 2020, St. Anne's has served 3 children.

Balance as of <u>12/31/19</u>	\$ 3,936.49
Contributions Received	105.00
Less: Expenses	(0.00)
Balance as of <u>01/31/20</u>	\$ 4,041.49

Thank you for your generosity!



Daylight Saving Time begins on Sunday, March 8 at 2:00 am.

Please remember to set your clocks forward one hour before you go to bed Saturday night.

PRAYER TO SAINT MICHAEL THE ARCHANGEL

St. Michael the Archangel,
defend us in battle.
Be our defense against the
wickedness and snares of the
Devil.

May God rebuke him,
we humbly pray,
and do thou,
O Prince of the heavenly hosts,
by the power of God,
thrust into hell Satan,
and all the evil spirits,
who prowl about the world
seeking the ruin of souls. Amen.

